

Title	Demonstrate and describe waka ama paddling and safety skills		
Level	2	Credits	15

Purpose	People credited with this standard are able to: identify and describe waka ama equipment; describe safety skills for waka ama; and demonstrate paddling strokes for waka ama.
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Classification	Outdoor Recreation > Waka Ama
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Available grade	Achieved
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Guidance information

- The following legislation, codes, and their amendments are relevant to this unit standard:
 Maritime Transport Act 1994;
 Local Government Act 1974;
 Resource Management Act 1991;
New Zealand Environmental Care Code and New Zealand Water Care Code, Department of Conservation, available from <http://www.doc.govt.nz>;
Water Safety Code and Boating Safety Code, Water Safety New Zealand, available from <http://watersafety.org.nz>;
Leave No Trace Principles, available at <http://www.leavenotrace.org.nz/>.
- Definition
Waka ama best practice refers to practices promoted through industry national forums which are generally accepted by experienced practitioners as safe and include complying with Maritime NZ Waka Ama Safety rules
<http://www.maritimenz.govt.nz>.

Outcomes and performance criteria

Outcome 1

Identify and describe waka ama equipment.

Performance criteria

- Identify and describe the different parts of a waka ama.
 Range kiato, ama, ihu, taumanu, rauawa, hiwi.
- Identify and describe the parts of a waka ama paddle.
 Range T-Grip, shaft, shoulder, blade, off-set, power face.

1.3 Identify and describe waka ama equipment in accordance with waka ama best practice.

Range personal flotation device, bailer, waka, lashing.

1.4 Describe waka ama rigging practice in accordance with waka ama best practice.

Range difference between the front and back kiato, correct side for ama, distance from the taumanu to the peg of the kiato.

Outcome 2

Describe safety skills for waka ama.

Performance criteria

2.1 Identify and describe off water communications systems in accordance with waka ama best practice.

Range includes but is not limited to – karakia, loading and unloading waka, rigging, safety briefing, paddle plan.

2.2 Identify and describe on water communications systems in accordance with waka ama best practice.

Range includes but is not limited to – steerer's instructions, changing sides.

2.3 Describe safety checks of waka and equipment before and after paddling in accordance with waka ama best practice.

Range includes but is not limited to – waka, lashing/rigging, personal flotation devices, bailer(s), spare paddle/s form of communication, fixed white light no less light 1meter at times of low visibility.

2.4 Describe environmental conditions to consider before paddling in accordance with waka ama best practice.

Range may include but is not limited to – weather, tides, marine warnings, rāhui.

Outcome 3

Demonstrate paddling strokes for waka ama.

Performance criteria

3.1 Demonstrate forward stroke in accordance with waka ama best practice.

Range setup, entry and catch, power, exit, return.

3.2 Demonstrate back stroke in accordance with waka ama best practice.

Range setup, entry and catch, power, exit, return.

3.3 Demonstrate timing in accordance with waka ama best practice.

Range stroke rate, length of stroke, changing sides.

3.4 Position body correctly in accordance with waka ama best practice.

Range leg switches, eyes front, shoulder rotation.

Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 November 2017	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.